



## Back in Control: A Conventional and Complementary Prescription for Eliminating Back Pain (Hardback)

By David Borenstei

ROWMAN LITTLEFIELD, United States, 2001. Hardback. Book Condition: New. 234 x 156 mm. Language: English . Brand New Book. Based on the fact that back pain can be the result of over sixty illnesses, there is no single therapy that can possibly cure all back pain. This is the first book designed to give people the information they need to devise a combination treatment plan. Dr Borenstein educates readers as to what is available today from both conventional medicine and complementary treatments to alleviate back pain, including: Which medical tests are used to determine the causes of back pain; What therapies work together to stop back pain forever; All the latest treatment alternatives from chiropractic, massage, acupuncture, exercise, nutrition to surgery, and medication; Information on the new Cox II inhibitors.



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