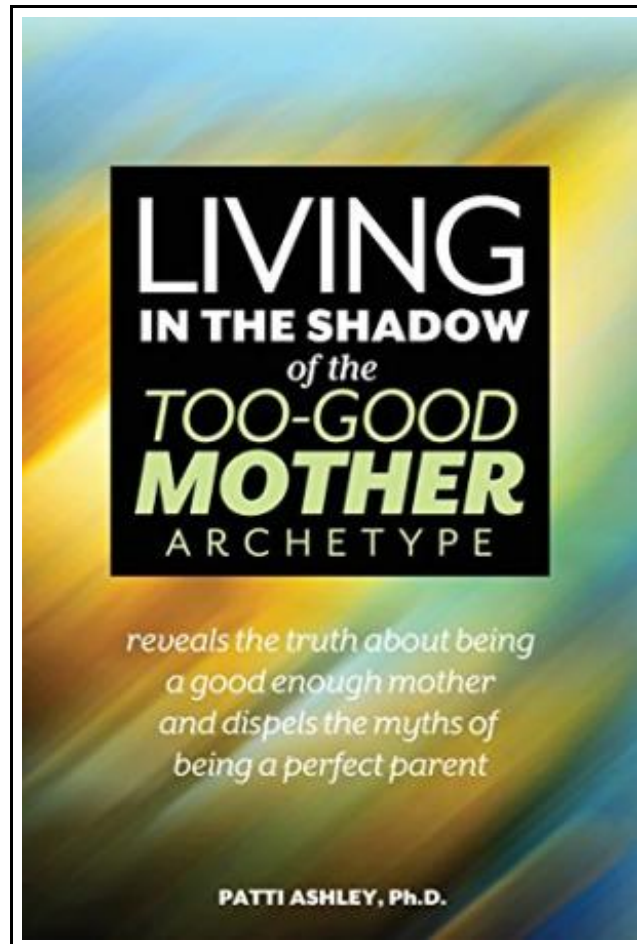


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LIVING IN THE SHADOW OF THE TOO-GOOD MOTHER ARCHETYPE (PAPERBACK)



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Wyatt-MacKenzie Publishing, United States, 2014. Paperback. Book Condition: New. 229 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****.LIVING IN THE SHADOW OF THE TOO-GOOD MOTHER ARCHETYPE is a journey into the heart and soul of mothering. It takes you to places that have remained hidden due to out-dated beliefs about what it means to be a good mother. The book reveals the truth about being a good enough mother and dispels the myths of being a perfect parent. Based on 32 years of working in pediatric, mental health and public education settings; a doctoral dissertation; and experience of raising four children, Dr. Patti Ashley has written a book that transforms how women feel about themselves as mothers. The problem that has no name. In 1963 Betty Friedan's book THE FEMININE MYSTIQUE revealed that many mothers were feeling empty, incomplete and invisible, which Friedan labeled the problem that has no name. Even though times have changed quite a bit since 1963, a 2008 study by Maria Shriver, and the Center for American Progress, revealed that many women still express similar feelings of isolation and emptiness. (The Shriver Report) LIVING IN THE SHADOW OF THE TOO-GOOD MOTHER ARCHETYPE is a book that helps women connect more deeply to themselves and others, therefore feeling more authentic, mindful and whole. It weaves real stories and common themes into archetypal mythology and the rapidly changing roles of women, creating the foundation of a new parenting paradigm.



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