



Diabetes Mellitus: And Human Trafficking (Paperback)

By Kenneth W Shipman

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Management decisions are stressful as the diabetic strives to balance medication, diet, and exercise in order to reduce co-morbidities, complications, and end-stage progression. Because of the stresses involved, many diabetics suffer psychologically for years before experiencing the physical complications of the disease. More people die yearly from diabetes than from breast cancer and AIDS together (ADA, 2010). Diabetes management products, and their illusion of hope for living with diabetes, are not matched with the challenge of integrating health-literacy and self-management skills (Polonsky, 1999).



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