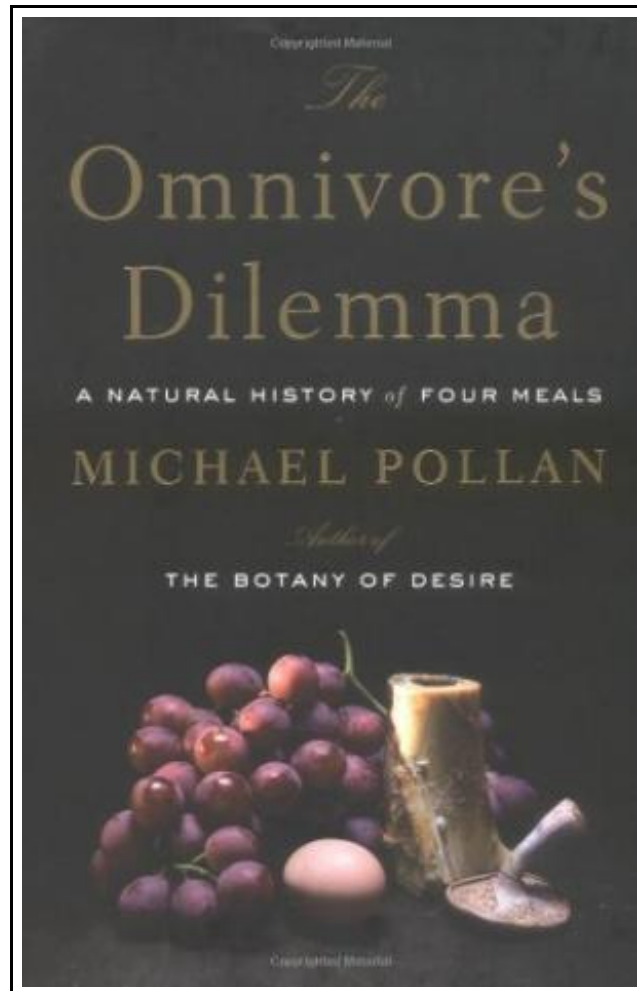


The Omnivores Dilemma: A Natural History of Four Meals



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Reviews

The ideal publication i at any time go through. It is actually rally fascinating throgh reading through time. I am pleased to inform you that this is actually the greatest book i have got read through during my individual existence and might be he best book for at any time.
(Alexandre Cruickshank)

THE OMNIVORES DILEMMA: A NATURAL HISTORY OF FOUR MEALS



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Penguin Press. Hardcover. Book Condition: New. Hardcover. 464 pages. Dimensions: 9.2in. x 6.4in. x 1.6in. Make this your next book club selection and everyone saves. Get 15 off when you order 5 or more of this title for your book club. Simply enter the coupon code POLLANOMNIVORE at checkout. This offer does not apply to eBook purchases. This offer applies to only one downloadable audio per purchase. What should we have for dinner To one degree or another this simple question assails any creature faced with a wide choice of things to eat. Anthropologists call it the omnivores dilemma. Choosing from among the countless potential foods nature offers, humans have had to learn what is safe, and what isntwhich mushrooms should be avoided, for example, and which berries we can enjoy. Today, as America confronts what can only be described as a national eating disorder, the omnivores dilemma has returned with an atavistic vengeance. The cornucopia of the modern American supermarket and fast-food outlet has thrown us back on a bewildering landscape where we once again have to worry about which of those tasty-looking morsels might kill us. At the same time were realizing that our food choices also have profound implications for the health of our environment. The Omnivores Dilemma is bestselling author Michael Pollans brilliant and eye-opening exploration of these little-known but vitally important dimensions of eating in America. Pollan has divided The Omnivores Dilemma into three parts, one for each of the food chains that sustain us: industrialized food, alternative or organic food, and food people obtain by dint of their own hunting, gathering, or gardening. Pollan follows each food chain literally from the ground up to the table, emphasizing our dynamic coevolutionary relationship with the species we depend on. He concludes each section by sitting down to...



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